

HIGHLIGHTS

February 2003

A Children & Youth Services Newsletter for Volunteers & Mentors of CYS-Project Together

Vol. XVIII, No. 2

For Your Information...

January was National Mentoring Month with the annual theme, "Who mentored you?" The hope is that potential mentors will think about this, thank their mentor and "pay it forward" by mentoring a child. If you have had someone like this in your life, we would like to hear about your experience. Please clip and fill out our "Who Mentored You?" self-mailing postcard on page 5, so we may learn your story. Pass a copy of the postcard on to a friend...

Also, Jan. 31, 2003, is National Groundhog Job Shadow Day, which kicks off the National Mentoring Partnership's job shadowing campaign that continues throughout the school year. The program is designed to provide caring adults with a taste of mentoring and to provide children and teenagers with an up-close look at the world of work and answer the question, "Why do I have to learn this?"...

Here's a feel-good story about people giving back during the recent holiday season. A family which received a food basket through CYS-Project Together last year at this time, has emerged from the depths of financial distress and upheaval. A priority for them was to demonstrate their gratitude. They anonymously donated funds in December, so food baskets could be delivered to others in need over the holiday season...

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Volunteers Are Special!

Nicole Has Mentored 4 PT Kids



Nicole Mardaresco is 23 years old and has already impacted the lives of four children during her three years as a Mentor for CYS-Project Together.

Her first two mentees were boys. She mentored the first young man for a year until he finished treatment. The second match ended when the boy moved out of the county six months later. Nicole was then matched with a young girl, whose older sister also had a mentor. When the older sister's mentor moved on, Nicole volunteered to serve as her mentor too.

"It works out well. They are fun, good girls," according to Nicole. "I find it rewarding to see the kids grow from the experiences we have together."

The girls live with their grandmother and cousins on a limited income. "When we go to the movies, the mall or a restaurant, it is a big deal to them," Nicole said. "We have been to amusement parks, hockey games and

the mall; and I am teaching them how to swim."

"We talk about growing up, the importance of a positive attitude and going to school," said Nicole. "Since one of them had to get glasses recently, we talked about why it's not bad to wear glasses."

Nicole, who considers herself to be an older sister or friend to the girls, makes time in her busy life for them. An effervescent and assertive sales and marketing coordinator for Lennor Homes, she is also involved in her own athletic activities. She sees

the girls on a weekly basis and also talks with them on the phone. "It's a rewarding experience you cannot get from hearing about their latest news every other week," said Nicole.

"Mentoring has definitely changed my life," she said. "I never wanted to have kids. Now I can hardly wait. I have learned to appreciate what I have. Mentoring has kept me young at heart, taught me how to draw the line, as well as patience. I found I have the ability to teach them something new and love to see them learn and grow."

Nicole became a CYS-Project Together Mentor in October 1999. A friend, who was a mentor with the program told her about it and gave her some information. "My friend is no longer a Mentor, but I tried it and I'm still here," said Nicole. —Information for this article was contributed by Ken Cornwell, CYS-Project Together Volunteer Coordinator, Aspen Community Services/Tustin.

Mentoring Matters

WELCOME NEW MENTORS

North Diana Huijsmans
(rematch)
Edward Kim
Heather Laird

**South/
Costa Mesa** Karen Baig
Nichoel Bergman
Marie Debor
Miki Fujikawa
Star Lopez
Julia Munoz
Vanessa Nguyen
Alberto Sosa
Dave Udden

West Doug Voorhees

WELCOME NEW VOLUNTEERS

**Aspen/
Santa Ana** Phyllis Lissmore
Gwenda Hamel

THANKS TO THOSE WHO HAVE MOVED ON

**South/
Costa Mesa** Dolores Guintu
Victor Pulido
Amber Schubert

HAPPY BIRTHDAY

Lana Arrellanez	2/4
Mary Gore	2/4
Young Joon Kim	2/4
Mark Breau	2/6
Albert Castro	2/12
Molly Powell	2/14
Loretta Golleher	2/16
Naoko Matsuo	2/16
Regina Hernandez	2/20
Donna Lindsey	2/20
Larry Herschler	2/25
Ernesto Puchades	2/26

There's More Than One Way to Hug a Child...

The staff and clients of Children & Youth Services (CYS) and CYS-Project Together deeply appreciate the wonderful support provided by many local businesses and organizations. Our affiliation with the Mental Health Association of Orange County allows us to accept and distribute community resources that are an important asset in the therapeutic process for all the children we serve. Each month, we extend our thanks and give recognition to our caring donors.

Melissa Almon
Aliso Viejo

American Sewing Guild
Fullerton

Feei Ang
Fullerton

Cub Scout Pack 580
Dens 5 & 8
Yorba Linda

E-Machines
Irvine

Ford Motor Credit
Orange

First Harvest Chapel
Tustin

Gabrielle Godinez
Fullerton

Carina Gonzalez
Santa Ana

Monica Guevara
Placentia

Harvest Church
Irvine

Larry Herschler
Anaheim

Joann Hill
Anaheim

Pat Huber
Capistrano Beach

Lynn Kliet
Lake Forest

Knott's Berry Farm
Buena Park

Melanie Lamoureux
Anaheim

Antonio Larrea
Brea

Los Alamitos High School
Los Alamitos

R. Mclemore
Anaheim

Mission Hospital
Mission Viejo

Mumolo & Davey, DDS
Tustin

Nations Capital
Aliso Viejo

Orthodyne Electronics
Irvine

Stacey Padzur
Aliso Viejo

Psi Beta Psychology Club
Fullerton College

Randy's Interiors
Santa Ana

St. Simon & Jude School
Huntington Beach

Triangle Group
Corona

Vision Electronics
Irvine

Bill Welsh
Orange

Yee Yuen Linene Company
Los Angeles

Yorba Linda Friends Church
Yorba Linda

Yorba Linda Public Library Patrons
Yorba Linda

FEBRUARY 2003

Calendar of Events

The CYS-Project Together Calendar is a collection of affordable, fun, wholesome and interesting events that can be enjoyed by children, teens and adults. To submit an item for the calendar, please call (714) 796-0100.

Friday, Saturday & Sunday Jan. 31, Feb. 1 & 2 Tet Festival

Westminster
(714)898-3311

Little Saigon residents and visitors will celebrate the Asian New Year. Be prepared for crowds, food, firecrackers and a parade.

Time: 10 a.m.-10 p.m.
Cost: Free

Saturday, Feb. 1 Kidseum Asian Family Festival

Kidseum
1802 N. Main St.
Santa Ana
(714)480-1520

Learn how Asian New Year is celebrated around the world, make a dragon puppet and have your face painted during this celebration of the Year of the Goat.

Time: 10 a.m.-4 p.m.
Cost: General admission \$5

Saturday, Feb. 1 Black History Parade

Begins at Broadway & Washington and ends at Civic Center Drive and Flower
Santa Ana
(714)446-1192

This annual parade begins at 10 a.m. and it will be followed by a cultural fair that begins at 11 a.m. and ends at 4 p.m. Featured will be ethnic foods, entertainment, as well as a Kids' Lane that carries items especially for kids.

Time: 10 a.m.
Cost: Free

Friday, Feb. 14 Valentine's Day Party

All City Parks
Santa Ana
(714)647-6559

The City of Santa Ana is sponsoring a city-wide Valentine's Day Party with arts, crafts and entertainment at all city parks.
Memorial Center, 2102 S. Flower
Jerome Center, 726 S. Center
Centennial Regional Park, 3000 Centennial
El Salvador Park, 1825 Civic Center Dr.
Santiago Park, 2535 N. Main St.

Time: 3:30 p.m.-5:30 p.m.
Cost: Free

Saturday & Sunday Feb. 22 & 23 Scrapbook Expo

Orange County Fair & Exposition Center
Buildings # 10, 12 and 17
88 Fair Dr.
Costa Mesa
(909)734-4307
(www.ocfair.com)

This is an interesting event for anyone who has ever made a scrapbook or wants to develop one. Learn the latest scrap booking techniques, take a workshop, enter your book in a contest and attend the crop party.

Time: TBA
Cost: General admission \$8
Workshops \$10-20
Crop Night \$20

Friday, Saturday & Sunday Feb. 28-Mar.2 Gem, Jewelry & Bead Show

Orange County Fair & Exposition Center
88 Fair Dr.
Costa Mesa
(714)708-3247

This is one of the largest shows of its kind in the West.

Time: Noon-7 p.m. Friday
10 a.m.-7 p.m. Saturday
10 a.m.-5 p.m. Sunday
Cost: General admission \$5
Under 12 Free

Fridays Edison International Field Tour

2000 Gene Autry Way
Anaheim
(714)940-2046
Groups of 20 or more may tour the field beginning at the giant baseball cap, then

on to home plate and behind the scenes. Individuals may call to make arrangements to join tour groups scheduled. The tour takes about 90 minutes.

Time: 9:30 a.m. Fridays only
Cost: Free

Sunday-Saturday Disney Ice Skating

300 W. Lincoln Ave.
Anaheim
(714)535-7465

The public may skate in this premier ice skating facility seven days a week. Also available are hockey leagues, skating classes, broomball and the Mighty Ducks Pro Shop.

Time: Monday-Friday	11:30 a.m. 3:30 p.m. 5:30 p.m. 7-9 p.m.
Saturday	1-3 p.m. 7-9 p.m. 9:30-11:30 p.m.
Sunday	1-3 p.m.
Cost: Including skate rental	
Adults	\$10.50
Children	\$8.50

Daily California Scenario

611 Anton
Costa Mesa
(714)384-5500

Sculptor Isamu Noguchi created this tranquil sculpture garden that covers two acres with abstract granite, sandstone and marble works of art with environmental themes.

Time: 8 a.m.-11 p.m.
Cost: Free

Quotable Quote

"There is a destiny that makes
us brothers;
None goes his way alone;
All that we send into the lives of
others,
Comes back into our own.

—E. Markham

THE WHITE HOUSE
NATIONAL MENTORING MONTH, 2003
BY THE PRESIDENT OF THE UNITED STATES OF AMERICA

A Proclamation

Across our great Nation, many Americans are responding to the call to service by mentoring a child in need. By offering love, guidance, and encouragement, mentors put hope in children's hearts, and help ensure that young people realize their full potential. During National Mentoring Month, we recognize the vital contributions of dedicated mentors, and we encourage more Americans to make a difference in the hearts and souls of our communities by volunteering their time to meet the needs of America's youth.

Volunteers provide friendship and support to young people who are facing challenging situations, serve as positive role models, and help to instill important values, goals, and skills. Mentors help young Americans build confidence, gain knowledge, and develop the character necessary to make the right choices and achieve their dreams. Statistics show that at-risk children with mentors demonstrate improved academic performance and are less likely to be involved in destructive activities such as drugs, alcohol, and violence.

During these extraordinary times, we are experiencing a growing culture of service, citizenship, and compassion in our country, with millions of Americans sacrificing for causes greater than self. Dedicated individuals are getting involved in mentoring through faith-based and community organizations, corporate initiatives, school-based programs, and many other outlets for kindness. By dedicating their time and their talents to offer a child a quality relationship with a caring adult, mentors strengthen our families and our communities and reflect the true spirit of America.

Many Americans can point to individuals who influenced their lives and helped to shape them into who they are today. Whether they were teachers, coaches, relatives, clergy, or other community leaders, these positive role models have been critical to our healthy development and helped to instill purpose in our lives. As we honor these everyday heroes, we also recognize that there is a great need for more mentors in America. Too many children in our Nation are growing up without enough support and guidance in their lives, and we must work to ensure that no child is left behind.

This month, I encourage all Americans to become a mentor and change the life of a child in need. In July, the National Mentoring Partnership helped establish the USA Freedom Corps Volunteer Network—the largest system in the Nation for matching individuals with volunteer opportunities. I am proud of this partnership and ask individuals to go online at www.usafreedomcorps.gov or call 1-877-USACORPS to find millions of ways to help children in their neighborhoods. Together, we can reaffirm the promise of America and point the way to a brighter future for all of our children.

NOW, THEREFORE, I, GEORGE W. BUSH, President of the United States of America, by virtue of the authority vested in me by the Constitution and laws of the United States, do hereby proclaim January 2003 as National Mentoring Month. I call upon the people of the United States to recognize the importance of being role models for our youth, to look for mentoring opportunities in their communities, and to celebrate this month with appropriate ceremonies, activities, and programs.

IN WITNESS WHEREOF, I have hereunto set my hand this second day of January, in the year of our Lord two thousand three, and of the Independence of the United States of America the two hundred and twenty-seventh.

George W. Bush



CLIP

Quotable Quote

"One hundred years from now, it will not matter what kind of car I drove, what kind of house I lived in or how much money I had in the bank. But the world may be a better place because I made a difference in a child's life." —*Forest Witcraft*

FOLD HERE AND MAIL

County of Orange Health Care Agency
Behavioral Health Services
405 W. 5th St., Suite 436
Santa Ana, CA 92701

CLIP

Mentor Training Learning to Set Healthy Boundaries

Mentors are invited to attend the training, "Boundaries."

Adrienne Davalos, Volunteer Coordinator for Aspen Community Services/ Santa Ana, will conduct the session during which mentors may share, discuss and learn how to set healthy boundaries for themselves and for children or teenagers. Mentors may attend the training closest to their home or work. Reservations are required for proper credit. Please call Curtis Livingston at the CYS-Project Together Central office, (714)796-0100.

Trainings will be held in each region on the following dates:

Wednesday, Feb. 19, 7-8:30 p.m.

West Region Clinic
14140 Beach Blvd., Suite 155
Westminster
Reservations: (714)796-0100

Thursday, February 20, 7-8:30 p.m.

South Region Clinic/Costa Mesa
3115 Redhill
Costa Mesa
Reservations: (714)796-0100

Wednesday, Feb 26, 7-8:30 p.m.

Aspen Community Services and
East Region Clinic
1633 E. 4th St., Suite 120
Santa Ana
Reservations: (714)796-0100

Thursday, Feb. 27, 7-8:30 p.m.

North Region Clinic
377 E. Chapman Rd., Suite 110
Placentia
Reservations: (714)796-0100

Monday, Mar. 3, 7-8:30 p.m.

South Region Clinic/Laguna Beach
21632 Wesley Dr.
Laguna Beach
Reservations: (714)796-0100

2002 Donors

A Heartfelt Thank You!

Your gracious in-kind and monetary donations throughout the year have helped to support the clients and families of Children & Youth Services in numerous ways. Through your support, children received eye exams and glasses, backpacks filled with supplies, emergency food, camperships, sports fees, books, music lessons, holiday and birthday gifts, clothing and shoes, passes to sporting, cultural and entertainment events and much, much more. Your generosity has touched many lives in a meaningful way.

Acapulco Mexican Restaurant
 Adventure City
 Albertsons
 Albertsons Community Partner
 Melissa Almon
 American Sewing Guild
 Anaheim Angels
 Anaheim Pond
 Feei Ang
 Angel Tree—Yorba Linda
 Armstrong Garden Centers, Inc.
 Aspen Community Services
 Aspen Education Group
 Aspen MSO
 Baskin Robbins 31 Flavors
 Boise Cascade
 Books Are Fun, Ltd.
 Bowers Museum
 Jean Brayer
 Illiana Bravo
 Build-A-Bear Workshop
 Coby Byerly
 California Cushion
 California Cushion & Design Center
 Camelot Golfland
 Carl Karcher Enterprises, Inc.
 Cedar Fair L.P.
 Irene Chisholm
 Circus Vargas
 CM School Supply
 College Health
 Construction Purchasing Assn.
 Phyllis Crane
 Curves for Women
 Frank W. Cutler
 Daniel Daitch
 Dr. Chantel Daitch
 Alma Davis
 Denny's, Corporate
 Cheryl Destro
 Dulux Paint Centers
 E-Machine
 El Torito Grill
 El Torito Restaurants
 ESPN Zone

Family Fun Center
 Family Fun Centers-Boomers
 Farmers Insurance—Orange
 First Harvest
 Ford Motor Credit
 Ford Motor Credit Orange Branch
 Frazee Paints
 Patty and Lee Fullmer
 Glacial Garden Ice Arena
 Gabrielle Godinez
 Golfland
 Carina Gonzalez
 Gorman Framing & Art Gallery
 Monica Guevara
 Mr. and Mrs. Stanley Hall
 HCA Volunteer Services
 Larry Herschler
 Mary Herzog
 Hewitt & Associates
 Pat Huber
 Pizza Hut
 IKEA
 Irvine Lanes
 Island's Fine Burgers & Drinks
 Young Joon Kim
 Lynn Kliest
 Knott's Berry Farm
 LA Fitness
 LA International Church of Christ
 Melanie Lamoureux
 Antonio Larrea
 Laser Quest
 Cheryl Leisenfelder
 LensCrafters-Anaheim
 LensCrafters Westminster
 Local Union 324
 Los Alamitos High School
 R. Mclemore
 Marshall's
 Mead Paper, Inc.
 Mighty Ducks of Anaheim
 Mimi's Cafe
 Carol Mintzer
 Mission Hospital
 Mumolo & Davey D.D.S.

Nation's Capital
 Nickel City
 Northrup Grumman
 Orange County Woodworkers
 Assn.
 Orthodyne Electronics
 Pacer Community
 Pfizer Foundation
 Vanessa Piscazzi
 Cheryl Pitts, LCSW
 Psi Beta Psychology Club
 R & J Cabinets
 Vicki Ramsdell
 Randy's Interiors
 Judy Raydel
 Red Lobster
 Regal Lanes
 Michelle Roth
 Rubio's Baja Grill
 Ruby's Diner
 Ruby Restaurant Group
 St. Pious V School
 St. Simon & Jude Catholic School
 Salamon Art, Inc.
 Bill Sauter
 Six Flags Magic Mountain
 South Coast Repertory
 Jody Spellmeyer
 Statek Corp
 Gregory Stevens
 Strawberry Festival
 Taco Bell
 Tarsadia Hotel
 Triangle Group
 Bernice Tucker
 Vans, Inc.
 Vision Solutions
 Lindsay Velianoff
 Welch & Schaffner, Inc.
 Bill Welsh
 Yee Yuen Linene Company
 Yorba Linda Friends Church
 Paul Youngerman

The Back Page

MENTORING MEANS HAVING FUN TOO

Wendy Cordero, Mentor for Aspen/Tustin, is teaching her mentee how to roller skate. The boy's physician has recommended exercise and athletic endeavors to help him physically and mentally. Wendy is helping him learn how to feel free enough to have fun and also get his exercise.



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Published by:

County of Orange Health Care Agency/Behavioral Health Services
Children and Youth Services/*Project Together*

405 W. 5th St., Suite 436

Santa Ana, CA 92701

(714)796-0100

www.ochealthinfo.com/behavioral/cyspt

Central Staff

Sharon Modaff, Service Chief (714)796-0100

Nancy Robins, Program Supervisor I (714)796-0100

Martha Murphy, Editor (714)796-0121

Peggy Evans, Support Services Coordinator (714)796-0117

Curtis Livingston, Office Technician (714)796-0100

Volunteer Coordinators/Resource Specialists

East Veronica Chavez (714)480-6756

North Sunney Shin (714)577-5422

South/Costa Mesa Jonathan Schiesel (714)850-8444

South/Laguna Lee Boon (949)499-8614

West Diane Prescott (714)896-7570

Aspen/Santa Ana Adrienne Davalos (714)565-2830

Aspen/Tustin Ken Cornwell (714)508-1919

The Health Care Agency/Behavioral Health Services/Children and Youth Services provides mental health treatment for emotionally and behaviorally disturbed youth and their families throughout Orange County. CYS-Project Together is a volunteer mentor program for CYS children and teens. The program also offers supportive resources to clients and families to assist them in achieving treatment goals. The program operates cooperatively with its community partner, the Mental Health Association of Orange County.



County of Orange Health Care Agency
Behavioral Health Services/Children & Youth Services

CYS-Project Together *Highlights*

405 W. 5th Street, Suite 436

Santa Ana, CA 92701

Address Correction Requested

CYS-Project Together provides mentors and supportive services to clients of Children & Youth Services

